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# Mama Dells

## Menu





## Breakfast

All day breakfast: £3.99  
Egg, tomato, bacon, sausage, beans & toast

Veggie breakfast: £4.49  
2 eggs, tomato, mushrooms, beans, hash brown & toast

Big breakfast: £4.99  
2 eggs, 2 sausages, 2 bacon rashers, beans & 2 slices of toast

Smoked salmon: £4.99  
With double scrambled egg, bacon & toast

**Create your own:** (per item) **69p**

Bacon • Sausage • Egg • Mushrooms • Hash brown  
Beans • Tomato • Fried slice • Bread & butter • Toast

Sliced ham 99p  
Chips £1.79

## Omelettes

Made with 3 eggs, served with either chips or salad £3.25

**Extra fillings:** (per item) **99p**

Cheese • Mushrooms • Oven roasted veg.  
• Bacon • Sausage • Ham

## Jackets

Plain £2.65

Cheese £3.64

Beans £3.64

Egg mayo £3.64

Coleslaw £3.64

Tuna (Add mayo free of charge) £3.89

Prawns (Add mayo free of charge) £3.89

Tuna, sweetcorn & mayo £4.20

Chicken, bacon & mayo £4.20

Sausage £4.20

Bacon £4.20

Smoked salmon & cream cheese £4.40

Chilli con carne £4.40

**Extra toppings 99p**

## Panini Melts

**Create your own Panini**  
Your choice of fillings all for: £3.99

## Sandwiches & Baguettes

### Vegetarian

Cheese £2.49

Cheese & pickle £2.49

Cheese salad £2.69

Cream Cheese £2.79

Brie £2.79

Brie & apple £2.99

Brie & oven roasted veg. £3.48

Egg mayo £2.49

Egg mayo & cress £2.69

Super salad: £3.09

Lettuce, onion, cucumber, tomato, coleslaw & oven roasted veg.

### Seafood

Tuna (Add mayo free of charge) £2.79

Tuna & cucumber £2.99

Tuna sweetcorn & mayo £2.99

Prawn (Add mayo free of charge) £3.09

Prawn cocktail salad £3.29

Prawn & avocado £3.78

Smoked salmon £3.29

Smoked salmon & cucumber £3.49

Smoked salmon & cream cheese £3.98

Smoked salmon & avocado £3.98

### Meat

Roasted chicken £3.09

Chicken Caesar £3.29

Chicken, bacon & mayo £3.29

Chicken & coleslaw £3.78

Chicken, stuffing & cranberry £3.98

Ham £3.09

Ham & pickle £3.09

Ham salad £3.29

Ham & cheese £3.78

Ham, cream cheese & mustard £3.78

Roast beef & horseradish £3.09

Roast beef, tomato & mustard £3.29

### Hot

Griddled eggs (x2) £2.79

Bacon £3.29

Sausage £3.29

B.L.T. £3.49

Brie & bacon £3.98

**Extra fillings 69p**

**Extra salad 20p**

**Toasted sandwich 69p**

**Relish FREE on request:**

BBQ sauce • Tomato sauce • Brown sauce • Salad cream • Mayo  
Thousand island • Dijon mustard • Branston pickle • English mustard  
Marmite • Home made French dressing • Caesar sauce • Strawberry jam



**Make it a  
baguette  
for only  
69p extra!**



## Main Meals

Check our menu boards too, for a choice of exciting monthly specials!

House salad	£4.99
Freshly prepared mixed salad with oven roasted vegetables, coleslaw and a choice of dressing, served with bread & butter	
Ham & eggs	£5.49
Layers of cold ham, 2 eggs, chips & beans	
Chilli con carne	£5.49
Served with pilau rice & salad garnish	
American burger	£5.99
Succulent ¼ pounder with cheese, bacon & sauce	
Caesar salad with chicken & bacon	£5.99
Crispy Cos lettuce with onion & cucumber, loaded with chicken & bacon, smothered in Caesar sauce	
Scampi & chips	£5.99
Served with side salad	
Chargrilled chicken salad	£5.99
Tender strips of chicken breast chargrilled to order on our house special salad with a choice of dressing	

## Afternoon Tea

ANY HOT DRINK ANY SIZE & ANY PATISSERIE ONLY £2.39

From 2.30pm to 5pm

## Desserts & Patisseries

Toasted tea cake	£1.20
Flapjack	£1.49
Rocky Road chocolate, nut & marshmallow slice	£1.49
Carrot cake	£1.59
Lemon cake	£1.59
Chocolate cake	£1.59
Chocolate, nut & marshmallow sundae	£3.49
Ice cream drizzled with chocolate sauce, smothered with our famous Rocky Road cookie, topped with marshmallows and cream	
Cream Tea	£2.99
Home made scone with fresh cream, strawberries and any hot drink	

## Kids Meals

Cheesy fingers	£2.49
Mini ham, eggs, chips & beans	£2.99
Miniscampi & chips	£3.69

## Fresh Fruit Smoothies

Cherry Delight	£2.45
With cherry, gooseberry, orange juice & ice cream	
Mixed Berry Burst	£2.45
With raspberry, strawberry, redcurrants, blackberry, banana, apple juice & ice cream	
California Sunblush	£2.45
With melon, red grapes, mango, peaches, strawberry, apple juice & ice cream	

## Side Orders

Coleslaw	£1.29
Chips	£1.79
Onion rings (x8) With a dip	£1.99
Garlic bread	£1.99
Garlic bread with cheese	£2.49
Side salad	£2.49

Any topping for your salad only 99p

All smoothies made fresh to order

# Mama Delis

**OPEN SUNDAYS  
FOR BREAKFAST 9am - 2.30pm**

Some products may contain nuts, please ask for details



